

LAKE SANDS DISTRICT

After - RT

the CRAWLIN' KINGSSNAKE

November 2012

BOY SCOUT ROUNDTABLE NEWSLETTER

LSD BS RT 7 P.M. 8 NOV 2012 N 30° 10.890 // W 085° 40.010

“FIRST AID”

Opening: Thanks to the T.345 Scouts for the Opening Pledge. The opening key was passed to T.323 for the December RT Opening.

Thanks to the following Folks for their Participation, Information, & Enthusiasm:

Jeanie Collier, P.382, RHS Football Fundraiser: Smoked Boston Butt, \$20, pickup Wed 21 Nov. If interested Jeanie can be reached at hm: 215-6554, cell: 896-0679, email: collij@bay/k12/fl.us.

Georgia Gunn, LSD Activities Chair: Georgia hyped upcoming LSD events. She reminded us of the 12 Nov Veteran's Day Parade where participants will meet on 13th St by Tommy Oliver Stadium, bring Unit Flag, wear uniform, individual small flags will be handed out (donated by Neubauer Realty). Thanks to P.317 Susan Goldman, the POC for the parade.

NEW ITEM: **LSD “Why I Like Scouting” Poster Contest**, handout provided, due back by 10 Jan RT, for display and judging at Jan LSD Scouter Banquet as well as during Scout Week. Winner to receive WM Gift Card.

Georgia also still looking for Chairperson for 12 Jan LSD Annual Scouter Banquet.

And, Georgia is hosting monthly Activity Chairs Meetings on the 3rd Thursday of the month, 6:30 for Cub Activities and 7PM for BS Activities, at Hardee's on 23rd Street. Next meeting 15 Nov. If you'd like to help plan activities and events, please contact Georgia at 381-6667.

Michael Kirkland, LSD DE: Michael can be reached at (850) 784-1886 and mikirkla@basmail.org. LSD sold over \$111K of Popcorn! Pickup of popcorn is 15 Nov from noon to 6:30 PM at Buffalo Rock. Don't forget about the **RECRUIT A FRIEND CAMPAIGN** as Scouts who recruit new members will have a chance to win a new bike; send form in with Scout application. He also provided the Leader's Guide for the GCC Winter Camp. And, **Re-charter deadline is 13 Dec at RT, and this includes JTE!**

Bill Pouncy, LSD 2013 Spring Camporee 17-19 May: Camporee Chairman Bill gave us the theme of “Fun In The Sun” for this camporee to be held in Port St. Joe. Bill is looking for committee and event volunteers and can be reached at 785-0442.

Scott Jackson, Bay Co Extension Office Sea Grant Agent: Scott is requesting/looking for support for installation and maintenance of new **Demonstration Garden** located behind Extension Office, near 15th St and E. Ave. in Cedar Grove. This could be a 1-time unit or re-occurring unit **service project**. Both vegetable gardening and butterfly gardening are in the plans. If your unit is interested, Scott can be reached at 784-6105 at the extension office. Gardening MB is applicable.

Michael Cole & Bryce Segler, Appalachian Awareness: Michael and Bryce updated the crowd on Unit and Adult OA Elections. Deadline is 15 Jan. Adult Election forms were provided, and must be filled out and returned to Bill Payne (address on form). One adult can be elected for every 3 Scouts that are elected. To schedule help with elections call Bryce at 381-3059, email: bms4oa@hotmail.com and Michael can be reached at 303-3613.

Big George's "Monthly Moment": George addressed Bone and Joint Injury, and used himself as a live action example! Take-aways include: immobilize it, wrap it, ice it, stabilize it but don't cut off circulation! Remember the acronym **RICE = Rest, Ice, Compression, Elevation** (thank you Rob Adams!). George further explained ankle sprains and to wrap with ace wrap in figure-8 style, and noted that if you have a bone injury you probably have a joint, tendon, or muscle injury as well.

Best Advice = Don't Slip, Trip, or Fall!

***** FEATURE PRESENTATION *****

BIG Thanks to T.82 SM Nate Weeks for his discussion on FIRST AID! and for the great handout! Nate runs Bright Star Care in Lynn Haven serving 6 counties. Take-aways include: Check your personal first aid kit a couple of times a year to refresh/restock as needed; use latex gloves for infection control to protect you and the victim; he recommended a rescue breathing mouth guard; use warm water for cuts; know the pressure points on the body; Heimlich maneuver used for choking; don't put ice on burns; if you have Heat Exhaustion you sweat, but there is no sweating during Heat Stroke; Hypothermia occurs when the body temperature drops below 96.8 degrees; chest compressions alone without rescue breathing can be just as effective in saving life of cardiac arrest victim – use 100 compressions/minute to the tune of "Stayin' Alive". The GOAL is to never have to use first aid as PREVENTION IS THE KEY!

LSD Traveling Spirit Sticks: The **Twisty Snake Stick** was returned by T.366 with a leather lizard stamped with T.366 and a nifty flashlight/strobe/whistle all in one. This stick was retired as it had made the rounds. A new Twisty "THICK" Stick was awarded to T.82 for a December return.

The new "THIN" Twisty Stick was MIA by T. 47.

KE's Handouts Gone Wild: 2 Brochures: The Natural Bridge (VA), and Luray Caverns. And, these 8 paper handouts:

- First Aid MB Requirements
- Uses of Scout Staff
- 10 Practical Tips for Ceremonies
- 8 Actions to Protect Birds Where You Live
- Seacrest Wolf Preserve Info Sheet
- How Do Pufferfish Puff?
- Quiz: FAC-TOADS.
- Slide of the Month: Riding Quirt (Boy's Life Reprint by Whittlin' Jim)

Ticket Drawing Giveaways & Winners:

WBU Hanging Bird Feeder (thanks to WBU owners Jim & Cindy Wolf): T.300 Rob Adams.

2013 Calendar & BS Patch (2): T.82 Charlie Holliday, T.706 Robert Sapp.

Dream Catcher & BS Patch: T.317 Pam Williams.

CFC Shoulder Stripe & BS Patch: T.82 Tim Stuhr.

Arkansas Critter Books & BS Patch: T.369 Joe Pippin.

Endangered Plant Species Cards & Patch: T.345 Jerry Bushee.

First Aid Mini-Pack (3): T.366 Joey Collingsworth, T.82 Tracey Holliday, T.302 Randy Segler.

Upcoming Boy Scout Items of Interest:

- 1) **Scouting for Food, Sat 10 & 17 Nov.**
- 2) **Veteran's Day Parade, Mon 12 Nov.**
- 3) **Pop Corn Pick-up at Buffalo Rock, Thurs 15 Nov.**

- 4) GCC Fall Fling, at STSR 16-18 Nov.
- 5) Re-Charter Deadline, NLT 13 Dec RT.
- 6) LSD District Award of Merit nominations, NLT 7PM 13 Dec prior to LSD BS RT.
- 7) LSD "Why I Like Scouting" Poster Contest, due by RT 10 Jan.
- 8) LSD Annual Scouter Banquet, Sat 12 Jan.
- 9) Deadline for Unit OA Elections, 15 Jan.
- 10) Suwannee River Council Univ. of Scouting, Sat 26 Jan.
- 11) Gulf Coast Council Banquet, Sat 2 Feb.
- 12) LSD Spring Camporee, 17-19 May.

CLOSING by KG: Advice from a Frog: Make a splash! Look before you leap. Don't jump to conclusions. Enjoy a good swim. Stretch your legs often. Spend time at your pad. Hop to it!

ATTENDANCE, ATTENDANCE, ATTENDANCE !!!

THANKS to the following 16 Units represented at November RT:

39, 82, 300, 302, 303, 310, 311, 317, 321, 323, 345, 366, 369, 388, 700, 706

TOTAL November BS RT ATTENDANCE = 46

Future Monthly RT Feature Themes: If you'd like to **STEP UP** and **BECOME FAMOUS** as a LSD RT Theme Presenter, your support would be much appreciated!! Call KG at 234-4077 or email: kerry.gunn@navy.mil. And reminder that all past "Crawlin Kingsnake" RT newsletters and other useful links can be found at http://www.lakesandsdistrict.org/Boy_Scouts.php.

13 Dec – Winter Camping (T.706 Chris Doppell)

10 Jan 2013 - Citizenship

14 Feb – Physical Fitness

14 Mar - Forestry

11 Apr - Leadership

9 May – Special Cooking (T.366 Joey Collingsworth)

13 June – Backpacking (T.300 Rob Adams)

8 Aug - Fishing/Aquatics

12 Sept - Athletics

10 Oct - Science

14 Nov – Cooking

12 Dec – Wilderness Survival

YIS, KG, your LSD BS RTC

